

South Carolina Coalition for Access to Healthcare Representing over 2000 SC NPs and CNMS



SUPPORT Senate Bill 553 NOW

THE HEALTH CARE PROBLEM:

- South Carolina ranks 41st in the nation in the United Health Foundation's health report card for 2022 [1].
- BUT as one influencing factor after the scope of practice for NPs and CNMs was changed in 2018, access to primary care improved from 41 to 37 [1].
- The March of Dimes has awarded SC a grade of “F” indicating the state of maternal health is worsening [2].
- SC has the 8th highest rate of maternal deaths among all 50 US states. Maternal death rates for women of color in SC are twice those of white women [3].
- SC has the 4th highest rate of preterm births among all 50 US states. The average first year of medical costs for one preterm birth is \$49,140 compared with one birth at term (\$13,024) [4].
- AHEC Data Workforce indicate that NPs are maintaining primary care in non-metropolitan areas [10].
- South Carolina is in crisis as we face a continued critical shortage of primary health care physicians.
- Parts or all of 46 counties in South Carolina are designated as medically underserved by the South Carolina Department of Health and Human Services and DHEC.
- The American Association of Medical Colleges Center for Workforce Studies predicts that there will be a shortage of about 63,000 physicians by 130,600 by 2025. SC Ranks 43th in nation in primary care physicians supply. [7]

APRN AND ACCESS TO CARE:

- Workforce studies predict severe physician shortages within the next few years particularly in primary care.
- 70-80% of all Advanced Practice Registered Nurses (APRNs) provide primary care in SC. [2]
- Enrollment in nurse practitioner programs is growing each year in South Carolina. Currently there are over 400 Advanced Practice Registered Nurses (APRNs) enrolled in our state's educational programs.
- The Veterans Administration will enact full practice authority for APRNs January 9, 2017 in order to increase access to care for veterans [11].
- 100% of Nurse Practitioners and Certified Nurse-Midwives are providing care to underserved populations (LLR, Board of Nursing). [12]

APRN EFFECTIVENESS AND SAFETY:

- Numerous studies in the last decade have been published documenting the critical role APRNs play in providing cost-effective, safe, and high quality care. The most recent meta-analysis in 2011, documented quality patient outcomes related to APRN care. [3]
- There is an increased satisfaction with APRN care and lower costs associated with educating APRNs. [4]
- On average, NPs and CNMs who receive their master's degree have spent 4-5 years in clinical training by the time they are awarded their degree. NPs and CNMs who are enrolled in a Doctor of Nursing Practice (DNP) program often have 6-7 years of clinical training by the time they finish their formal education and remain life-long learners through continuing education, credentialing, and relicensure.
- Community birth centers have demonstrated excellent outcomes for women with low-risk pregnancies using the midwifery model of care resulting in shorter labors, fewer cesarean births, fewer costly interventions, newborns with high Apgar scores, and high rates of patient satisfaction. [13]

NATIONAL RECOMMENDATIONS AND FINDINGS:

- The Macy Foundation, the National Health Policy Forum, AARP, and most notably, the Institute of Medicine (IOM) have recommended that nurses should practice to the full extent of their education and training.
- The IOM's most recent report, *The Future of Nursing: Leading Change, Advancing Health*, issues a key message to policy makers and the public that “nurses should practice to the full extent of their education and training.” The first recommendation under this key message is that “scope of practice barriers should be removed.” [5]
- The National Governors Association (NGA) recently released a paper titled *The Role of Nurse Practitioners in Meeting Increasing Demand for Primary Care*. The NGA a “bipartisan organization of the nation's governors— concluded that “NPs may be able to mitigate projected shortages of primary care services. Expanded utilization of NPs has the potential to

increase access to health care, particularly in historically underserved areas.” [6, p. 11]

- Two recent rulings by the Federal Trade Commission (FTC) call for state legislatures to adopt less restrictive regulatory models that permit APRNs to practice without unnecessary physician supervision.
- The FTC ruled that “The IOM noted state twenty states and the District of Columbia allow APRNs to practice and prescribe independently, and there were no differences in safety and quality between states with restrictive scope of practice laws and regulations, and those that allow APRNs to practice independently, including prescribing medications without an agreement with a physician.” [8] [9]
- In states where practice barriers have been removed, approximately 50 percent of nurse practitioners choose to work in rural areas or with underserved populations.
- In those states where practice barriers have been removed, physicians' incomes have not been decreased or compromised by allowing nurses full scope of practice. [10]

SOUTH CAROLINA APRN BARRIERS THAT IMPOSE A BURDEN TO PRACTICE AND IMPEDE ACCESS:

- Restricting APRN scope of practice in South Carolina by requiring physician collaboration is in direct conflict with the educational system and Federal Trade Commission that state NPs should practice independently to conduct patient evaluations, diagnose, order and interpret diagnostic tests, initiate and monitor treatments, as well as write prescriptions.
- In South Carolina APRNs must practice in collaboration with physicians. In 2018, the scope of practice was changed to removed supervision and as a result, NPs and CNMS are maintaining primary care in non-metropolitan areas. But we can do more to improve access to care and outcomes by removing this last barrier to require that APRNs must practice in collaboration with physicians. 26 states have full practice authority with NO physician collaboration or supervision.

WHAT NEEDS TO BE DONE:

- 1. Legislative action must remove barriers to advanced practice nursing in order to increase access and reduce health care costs. Remove barriers NOW and institute Full Practice Authority, which impedes APRNs' ability to provide care to all people in the state.**

**Authorizing APRNs to practice to the fullest extent is right thing to do for increasing access to care and reducing costs.
NOW is the right time for change.**

References:

- [1] United Health Foundation. [allstatesummaries-ahr22.pdf \(americashealthrankings.org\)](http://www.americashealthrankings.org/allstatesummaries-ahr22.pdf).
- [2] March of Dimes Report Card. <https://www.marchofdimes.org/report-card>
- [3] South Carolina Maternal Morbidity and Mortality Review Committee. <https://scdhec.gov/sites/default/files/media/document/2021SCMMMRCLc>
- [4] March of Dimes Peristats – Preterm Birth. <https://www.marchofdimes.org/peristats/data?reg=99&top=3&stop=362&lev=1&slev=1&obj=1>
- [2] Naylor, MD, Kurtzman, ET. (2010)The Role of Nurse Practitioners In Reinventing Primary Care. Health Affairs 29. 5 (May 2010): 893-9.
- [3] Newhouse RP et al., (2011). Advanced Practice Nurse Outcomes 1990-2008: A Systematic Review. *Nursing Economics* 29(5).
- [4] Safriet, BJ. (1992). "Health Care Dollars & Regulatory Sense: The Role of Advanced Practice Nursing," *Yale Journal on Regulation*, 426-40.
- [5] IOM report (2010). <http://www.iom.edu/Reports/2010/The-Future-of-Nursing-Leading-Change-Advancing-Health.aspx>
- [6] National Governors Association. (2012). The Role of Nurse Practitioners in Meeting Increasing Demand for Primary Care. Washington, DC. accessed from, <http://www.nga.org/cms/home/nga>.
- [7] Leveraging Graduate Medical Education to Increase Primary Care and Rural Physician Capacity in SC. GME Advisory Group Report in response to Proviso 33.34E, 2014.
- [8] Federal Trade Commission, 2014. Competition and Regulation of Advanced Practice Nurses.
- [9] Supreme Court of the US. NC State Board of Dental Examiners versus Federal Trade Commission. Feb 2015, #13-534.
- [10] Federal Trade Commission issues an advisory opinion that says House Bill 3078 will expand access. House Bill 3508 impedes access and is restraint of trade (November 2015).
- [11] Veterans Full Practice Authority for APRNs ruling. <https://federalregister.gov/d/2016-29950>.
- [12] AHEC Data Workforce 2022.
- [13] Sonenberg A. Maternity care deserts in the US. *JAMA Health Forum*. 2023; 4(1):e225541.

APRN Liability Insurance

NPs, CNMs and CNS can purchase liability insurance (occurrence) either through SC Medical Malpractice Association (formerly the JUA) or Marsh.

Cost is \$1400-\$2362 per year, depending on part time or full time and specialty focus area of practice (family, women's health, pediatrics for example).

<https://www.proliability.com/>

<https://scmma.net/>

NOTE: Physicians increase their exposure for vicarious liability when assuming full accountability in team care. That is why it is important for all professionals to be independently licensed, even though health professionals work together in teams.

Changing the Nurse Practice Act: What does it mean? And Why Change the Nurse Practice Act?

Senate Bill 553 for APRN (NP, CNM, CNS) Proposed Changes. New language is underlined and old language is stricken through	Rationale
<p>"Advanced Practice Registered Nurse" or "APRN" means a registered nurse who is prepared for an advanced practice registered nursing role by virtue of additional knowledge and skills gained through an advanced formal education program of nursing in a specialty area that is approved by the board. The categories of APRN are nurse practitioner, certified nurse-midwife, clinical nurse specialist, and certified registered nurse anesthetist. An advanced practice registered nurse shall hold a doctorate, a post-nursing master's certificate, or a minimum of a master's degree that includes advanced education composed of didactic and supervised clinical practice in a specific area of advanced practice registered nursing. APRNs must achieve national certification within two years post-graduation. An APRN may perform who holds a valid, full practice license may practice within the <u>full scope of practice as defined in this section, including but not limited to,</u> those activities considered to be the practice of registered nursing or advanced practice consisting of nonmedical acts, such as population health management; quality improvement or research projects within a health care system; and analysis of data and corresponding system recommendations, revisions, developments, or informatics; <u>and other specified medical acts, including but not limited to, those provided in 40-33-34 and those allowed pursuant to federal law.</u> An APRN also may perform specified medical acts pursuant to a practice agreement as defined in item (45).</p>	<p>APRNs as defined by the National Council of State Boards of Nursing (NCSBN) are fully licensed and practice within their scope of practice and include federal laws that authorize acts such as ordering home health, diabetic shoes, durable medical equipment, etc. This language brings the Nurse Practice Act in alignment with National Council State Boards of Nursing that regulate APRNs,</p> <p>NP = Nurse Practitioner CNM = Certified Nurse Midwife CNS = Clinical Nurse Specialist</p> <p>https://www.ncsbn.org/</p> <p>https://www.nursingworld.org/certification/aprn-consensus-model/</p> <p>Definition of Midwifery and Scope of Practice of Certified Nurse-Midwives. ACNM Board of Directors, December 2021. http://www.midwife.org/default.aspx?bid=59&cat=2&button=Search</p> <p>The National Council of State Boards of Nursing fully endorse Full Practice Authority for NPs, CNMs, and CNSs. 2012 APRN Model and Rules.pdf (NCSBN)</p>
<p>6) "Agreed to jointly" means the agreement by the Board of Nursing and Board of Medical Examiners on medical acts that nurses perform and that must be defined in a practice agreement pursuant to item (45)</p>	<p>National Council State Boards of Nursing (NCSBN) supports that Nursing regulate Nursing. No need for Board of Medicine to regulate or agree to APRNs scope of practice. This means that all providers and staff work together as a team, but professionals are licensed independently of each other based on credentials and education.</p> <p>This language brings the SC Nurse Practice Act in alignment with the National Council of State Boards of Nursing proposed rules and regulations.</p>

	<p>https://www.ncsbn.org/</p> <p>https://www.nursingworld.org/certification/aprn-consensus-model/</p> <p>2012 APRN Model and Rules.pdf (NCSBN)</p>
<p>(11) "Authorized licensed provider" means a provider of health care services who is authorized to practice by a licensing board in this State where the scope of practice includes authority to order and prescribe drugs <u>or therapy</u> in treating patients.</p>	<p>Therapy means interventions such as respiratory treatments (cystic fibrosis treatments), physical therapy, occupational therapy, counseling for domestic violence, abuse, or molestation, etc.</p>
<p>(18) "Certified Nurse-Midwife" or "CNM" means an advanced practice registered nurse who holds a master's <u>graduate</u> degree in the specialty area, maintains an American Midwifery Certification Board certificate, and is trained <u>and competent</u> to provide management of women's health care from adolescence beyond menopause, focusing on gynecologic and family planning services, preconception care, pregnancy, childbirth, postpartum, care of the normal newborn during the first twenty-eight days of life, and the notification and treatment of partners for sexually transmitted infections. <u>A CNM shall have full practice authority once he obtains a valid, active South Carolina license as an advanced practice registered nurse according to the provisions of this chapter.</u></p>	<p>Added graduate degree to clarify that CNMs must graduate with a masters and/or doctoral degree. Added full practice authority to be consistent with National Council State Boards of Nursing definitions scope of practice for CNMs. The National Council of State Boards of Nursing fully endorse Full Practice Authority for CNMs.</p> <p>https://www.ncsbn.org/</p> <p>https://www.nursingworld.org/certification/aprn-consensus-model/</p> <p>Midwifery as practiced by certified nurse-midwives (CNMs) encompasses the independent provision of care during pregnancy, childbirth, and the postpartum period; sexual and reproductive health; gynecologic health; and family planning services, including preconception care. Midwives also provide primary care for individuals from adolescence throughout the lifespan as well as care for the healthy newborn during the first 28 days of life.</p> <p>http://www.midwife.org/default.aspx?bid=59&cat=2&button=Search</p> <p>Midwifery care includes health promotion, disease prevention, risk assessment and management, and individualized wellness education and counseling. These services are provided in partnership with individuals and families in diverse settings such as ambulatory care clinics, private offices, telehealth and other methods of remote care delivery, community and public health systems, homes, hospitals, and birth centers.</p> <p>http://www.midwife.org/default.aspx?bid=59&cat=2&button=Search</p>

	<p>Although ACNM endorses a minimum of a master’s degree as basic preparation for midwifery practice, it recognizes the need to develop competencies for midwifery education at the doctoral level and supports a variety of doctoral degree options for midwives. Doctoral education competencies include leadership, population health, health systems, policy and data analysis, information technology, and scholarship and dissemination. http://www.midwife.org/default.aspx?bid=59&cat=2&button=Search</p> <p>ACOG respects a pregnant person’s right to make a medically informed decision about their birth attendant and place of delivery and believes hospitals and licensed, accredited birth centers are the safest setting for birth. ACOG supports the standards used by the American Midwifery Certification Board (AMCB) which credentials certified nurse-midwives (CNM). ACOG’s Joint Statement of Policy with the American College of Nurse-Midwives supports CNMs practicing to the full extent of their credential, training, and experience. The American College of Obstetricians and Gynecologists, affirmed, 2018</p>
<p>(20) "Clinical Nurse Specialist" or "CNS" means an advanced practice registered nurse who is a clinician with a high degree of knowledge, skill, and competence in a practice discipline of nursing. This nurse shall hold a master's graduate degree in nursing, with an emphasis in clinical nursing. These nurses are directly available to the public through the provision of nursing care to clients and indirectly available through guidance and planning of care with other nursing personnel. A CNS who performs medical acts is required to have physician support and to practice pursuant to a practice agreement as defined in item (45). A CNS who does not perform medical acts is not required to have physician support or to practice pursuant to a practice agreement as provided in Section 40-33-34. <u>A CNS shall have full practice authority once he obtains a valid, active South Carolina license as an advanced practice registered nurse according to the provisions of this chapter.</u></p>	<p>Added graduate degree to clarify that CNSs must graduate with a masters and/or doctoral degree. Added full practice authority to be consistent with National Council State Board of Nursing definitions scope of practice for CNSs.</p> <p>The National Council of State Boards of Nursing fully endorse Full Practice Authority for CNSs.</p> <p>https://www.ncsbn.org/</p> <p>https://www.nursingworld.org/certification/aprn-consensus-model/</p> <p><u>2012 APRN Model and Rules.pdf</u> (NCSBN)</p>
<p>(40) "Nurse Practitioner" or "NP" means a registered nurse who has completed an advanced formal <u>graduate</u> education program at the master's level or doctoral level acceptable to the board, and who demonstrates advanced knowledge and skill in assessment and</p>	<p>Added graduate degree to clarify that NPs must graduate with a masters and/or doctoral degree. Added full practice authority to be consistent with National Council State Board of Nursing definitions scope of practice for NPs.</p>

<p>management of physical and psychosocial health, illness status of persons, families, and groups. Nurse practitioners who perform medical acts must do so pursuant to a practice agreement as defined in item (45). A NP shall have full practice authority once he obtains a valid, active South Carolina license as an advanced practice registered nurse according to the provisions of this chapter.</p>	<p>Need to add back in: A NP shall have full practice authority once he obtains a valid, active South Carolina license as an advanced practice registered nurse according to the provisions of this chapter.</p> <p>The National Council of State Boards of Nursing fully endorse Full Practice Authority for NPs.</p> <p>https://www.ncsbn.org/</p> <p>https://www.nursingworld.org/certification/aprn-consensus-model/</p> <p>2012 APRN Model and Rules.pdf (NCSBN)</p> <p>Doctoral education competencies include leadership, population health, health systems, policy and data analysis, information technology, and scholarship and dissemination.</p>
<p><u>(68) "Full practice authority" means a NP, CNM, or CNS who is also licensed as an APRN by the South Carolina Board of Nursing to practice within the full scope of practice including ordering and interpreting diagnostic procedures; conducting an advanced assessment; providing a diagnosis; prescribing, ordering, administering, and dispensing therapeutic measures and pharmacological agents, including over-the-counter, legend, and controlled substances medications; delegating and assigning therapeutic measures to assisting personnel.</u></p>	<p>Added full practice authority to be consistent with National Council State Board of Nursing definitions for full practice authority and scope of practice for NPs, CNS, and CNMs. This means that all providers and staff work together as a team, but professionals are licensed independently of each other based on credentials and education.</p> <p>This language brings the SC Nurse Practice Act in alignment with the National Council State Boards of Nursing rules and regulations.</p> <p>https://www.ncsbn.org/</p> <p>2012 APRN Model and Rules.pdf (NCSBN)</p> <p>https://www.ncsbn.org/public-files/presentations/2020AM-APRN.pdf</p> <p>https://www.nursingworld.org/certification/aprn-consensus-model/</p> <p>https://www.midwife.org/full-practice-authority-stad</p>

	<p>Currently, the Veterans Administration and across the country and 27 states have Full Practice Authority (FPA) for NPs, CNMs, and CNS: Alaska, Arizona, Colorado, Connecticut, Delaware, Hawaii, Idaho, Iowa, Maine, Maryland, Massachusetts, Minnesota, Montana, Nebraska, Nevada, New Hampshire, New Mexico, North Dakota, Oregon, Pennsylvania, Rhode Island, South Dakota, Vermont, Washington, and Wyoming are full practice authority states.</p> <p>The VA in SC has Full Practice Authority!!</p> <p>ACOG supports the standards used by the American Midwifery Certification Board (AMCB) which credentials certified nurse-midwives (CNM). ACOG’s Joint Statement of Policy with the American College of Nurse-Midwives supports CNMs practicing to the full extent of their credential, training, and experience.</p> <p>The American College of Obstetricians and Gynecologists, affirmed 2022. Joint Statement of Practice Relations between Obstetrician-Gynecologists and Certified Nurse-Midwives, affirmed 2022.</p> <p>The Department of Veterans Affairs (VA) has passed a rule allowing three types of advanced practice registered nurses (APRNs)—certified NPs, clinical nurse specialists, and certified nurse midwives (CNMs)—to practice to “the full extent of their education, training, and certification” without physician supervision. The rule applies throughout the VA’s national network of medical centers, and takes precedence over individual state laws regulating the scope of APRN practice.</p> <p>Sofer, D. AJN, American Journal of Nursing 117(3):p 14, March 2017. DOI: 10.1097/01.NAJ.0000513271.43979.37</p> <p>According to AHEC Data Workforce, the Nurse practitioner (NP) workforce is maintain and “saving” access to primary care in SC, especially in rural areas, underserved areas, and non-metropolitan areas. According to the 2021 SC Health Professions Data Book* 2019, there were:</p> <ul style="list-style-type: none"> ○ 22 counties with fewer than 3 active family practice physicians per 10,000 population. ○ 14 counties with Zero (NONE) active Ob-Gyn physicians. ○ 10 counties with fewer than 3 active OB-GYN physicians per 10,000 women ages 15-44. ○ 10 counties with Zero (NONE) active pediatrics physicians per 10,000 population ages 0-17.
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	<ul style="list-style-type: none"> ○ 7 counties with fewer than 3 active pediatrics physicians per 10,000 population ages 0-17. ○ 17 counties with Zero (NONE) active general psychiatry physicians. ○ 27 counties with fewer than 3 active general psychiatry physicians per 10,000 population. <p>https://www.scahec.net/scohw/reports</p>
<p>(C)(1) A licensed nurse practitioner, certified nurse-midwife, or clinical nurse specialist must provide evidence of a practice agreement, as provided in this section. A licensed NP, CNM, or CNS must spend a portion of his time practicing in an underserved or rural area or serving an underserved population as defined in Section 40-33-20. A licensed NP, CNM, or CNS performing medical acts must do so pursuant to a practice agreement with a physician who must be readily available for consultation. To the extent permitted by federal law, the Centers for Medicare or Medicaid, notwithstanding any provisions of law, and Chapter 47, an APRN may perform the following medical acts, including but not limited to:</p> <p>(D)(1) Medical acts performed by a nurse practitioner or clinical nurse specialist must be performed pursuant to a practice agreement between the nurse and the physician or medical staff. The practice agreement must include, but is not limited to:</p> <p>—— (a) the following general information:</p> <p>—— (i) name, address, and South Carolina license number of the nurse;</p> <p>—— (ii) name, address, and South Carolina license number of the physician;</p> <p>—— (iii) nature of practice and practice locations of the nurse and physician;</p> <p>—— (iv) date the practice agreement was entered into and dates the practice agreement was reviewed and amended; and</p> <p>—— (v) description of how consultation with the physician is provided and provision for backup consultation if the physician is unavailable; and</p> <p>—— (b) the following information for medical acts:</p> <p>—— (i) medical conditions for which therapies may be initiated, continued, or modified;</p>	<p>The proposed changes continue to support NPs, CNMs, and CNS who must work in rural or with underserved populations, no changes in that language.</p> <p>Wider availability of evidence-based show that Nurse Practitioner and Certified Nurse Midwife care for rural, underserved, patients with chronic disease management and low-risk women can prevent and rectify maternity care deserts, lower costs and improve health outcomes. See attached for mini-literature sources.</p> <p>CNMs are often the initial contact for persons seeking health care and frequently provide services to rural and other underserved populations. Phillippi JC, Barger MK. <i>J Midwifery Womens Health</i>. 2015;60(3):250-257. doi:10.1111/jmwh.12295</p> <p>Proposed language for deleting practice agreements throughout the Practice Act. Evidence supports in numerous studies, SC, and other states that practice agreements are cost prohibitive because physicians charge a fee for entering into collaborative agreements with NPs, CNMs, and CNS (see attached evidence sources).</p> <p>Also, if the physician terminates (for example the physician relocates or becomes employed by an organization) the practice agreement with the NP, CNM, or CNS, then the NP, CNM, or CNS must also close until another physician has agreed to enter into a new practice agreement, impeding access to care and services.</p> <p>During COVID, Governor McMaster issued a public health emergency suspending all practice agreements. Evidence shows that disciplinary cases against NPs, CNMs, and CNS were negligible during this time frame (< 0.3 %). Clearly, NPs, CNMs, CNS adhered to safe quality practice in serving their patients without practice agreements.</p>

<p>_____ (ii) treatments that may be initiated, continued, or modified; _____ (iii) drug therapies that may be prescribed; and _____ (iv) situations that require direct evaluation by or referral to the physician. _____ (2) Notwithstanding any provisions of state law other than this chapter and Chapter 47, and to the extent permitted by federal law, an APRN may perform the following medical acts unless otherwise provided in the practice agreement:</p> <p>(a) provide noncontrolled prescription drugs at an entity that provides free medical care for indigent patients;</p> <p>(b) certify that a student is unable to attend school but may benefit from receiving instruction given in his home or hospital;</p> <p>(c) refer a patient to physical therapy for treatment;</p> <p>(d) pronounce death, certify the manner and cause of death, and sign death certificates pursuant to the provisions of Chapter 63, Title 44 and Chapter 8, Title 32;</p> <p>(e) issue an order for a patient to receive appropriate services from a licensed hospice as defined in Chapter 71, Title 44;</p> <p>(f) certify that an individual is handicapped and declare that the handicap is temporary or permanent for purposes of the individual's application for a placard;</p> <p>(g) execute a do not resuscitate order <u>and post an order</u> pursuant to the provisions of Chapter 78, Title 44; and</p> <p>(h) issue an order for home health services pursuant to the provisions of Chapter 69, Title 44-;</p> <p>_____ (i) delegate certain tasks to certified medical assistants pursuant to the provisions of Section 40-47-106;</p> <p><u>_____ (j) commit a patient to a psychiatric facility if the patient is unable to consent and the APRN deems that the patient is a danger to himself or others;</u></p>	<p>An average total of 4000 APRNs (NP, CNMs, CNS, CRNA) are actively licensed in South Carolina per year.</p> <p>APRNs (4000) represent less than 7% of the total RN active licensees (56689) per year.</p> <p>98 APRN Discipline Cases since 1999. $98/92000 (4000 \text{ APRNs} \times 23 \text{ years}) = .0001$ or 0.01`% of all APRNs disciplined since 1999.</p> <p>Average percent of APRNs disciplined per year/per total APRNs licensed in SC: 1-13 Cases per year/4000 total APRNs per year = 0.02% - 0.3%</p> <p>https://verify.llronline.com/LicLookup/LookupMain.aspx</p> <p>https://llr.sc.gov/nurse/</p> <p>For medical acts, added language to include that APRNs can commit a patient to psychiatric facility. Currently, the law requires 2 physicians. However, in primary care settings, jail settings, or SC DOC facilities, physicians are not always available on site to sign those commitment papers. For the safety of the individual or others, involuntary commitment is necessary in extenuating circumstances. NPs, CNMs, or</p>
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<p><u>_____ (k) hold admitting privileges within an acute care facility or a licensed birth center; and</u></p> <p><u>_____ (l) engage in ionizing fluoroscopy pursuant to applicable regulations and the Medical Radiation Health and Safety Act.</u></p>	<p>CNS need the law changed to commit in emergency cases when the patient is a danger to themselves or others.</p> <p>Additionally, added that CNMs need the capability to admit to acute care facilities or birthing centers for the safety of their patients. For NPs or CNS, facilities can determine admitting privileges based on facility policy.</p> <p>Additionally, need to clarify with the DHEC language that NPs, CNMs, and CNS can continue to engage in fluoroscopy in primary care and acute care settings (Chest Xray, CT scans for example).</p> <p>CMS (Centers for Medicaid and Medicare) supports full scope of practice because their target population is considered underserved with equity disparities; studies showing improved access to care and health outcomes when care is delivered by NPs. For example, effective March 1, 2020, Section 3708 of the Coronavirus Aid, Relief, and Economic Security (CARES) Act (Pub. L. No. 116-136) amended sections 1814(a) and 1835(a) of the Social Security Act to allow Nurse Practitioners (NPs), certified Clinical Nurse Specialists (CNSs) to certify beneficiaries for eligibility under the Medicare home health benefit and oversee their plan of care. This is a permanent change that will continue after the Public Health Emergency.</p> <p>https://www.cms.gov/</p> <p>https://www.cms.gov/outreach-and-education/outreach/ffsprovpartprogprovider-partnership-email-archive/2020-05-07-mlnc</p> <p>https://llr.sc.gov/nurse/</p> <p>Health care systems should develop hospital privileging and credentialing mechanisms for midwives that are consistent with the profession's standards, recognize midwifery as distinct from other health care professions, . . . (Executive summary recommendations on Regulation and Credentialing, p. iii)</p> <p>Guidance from <i>Charting A Course for the 21st Century: The Future of Midwifery</i>, a joint report from the Pew Health Professions Commission and the University of California, San Francisco Center for the Health Professions (1999).</p>
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	<p>Nationally, nearly 1 in 10 births is attended by a certified nurse midwife (9.4 percent). March of Dimes encourages states to ensure that their laws foster access to midwifery care and also supports efforts to further integrate their model of care, with full autonomy, into maternity care in all states. March of Dimes, 2021 Report Card</p> <p>Lack of access to birth facilities and maternity care providers has contributed to rising US maternal mortality and morbidity rates, especially among women in rural areas. Policy recommendations based on survey results include (a) support for midwifery education and workforce development, (b) removal of hospital-level restrictions for privileges of midwives, and (c) consideration for public payment models that promote expansion of midwifery practices. Smith, D. et al. Policy, Politics & Nursing Practice. 2023; doi:10.1177/15271544221147301</p>
<p>(3) The original practice agreement and any amendments to it must be reviewed at least annually, dated and signed by the nurse and physician, and made available to the board for review within seventy-two hours of request. Failure to produce a practice agreement upon request of the board is considered misconduct and subjects the licensee to disciplinary action. A random audit of a practice agreement must be conducted by the board at least biennially.</p>	<p>Proposed language for deleting practice agreements. Evidence supports in numerous studies, SC, and other states, that practice agreements are cost prohibitive because physicians charge a fee for entering into collaborative agreements with NPs, CNMs, and CNS and burdens government with unnecessary regulations).</p> <p>Also, if the physician terminates (for example the physician relocates or becomes employed by an organization) the practice agreement with the NP, CNM, or CNS, then the NP, CNM, or CNS must also close until another physician has agreed to enter into a new practice agreement, impeding access to care and services.</p> <p>During COVID for 2 years, Governor McMaster issued a public health emergency suspending all practice agreements. Evidence shows that disciplinary cases against NPs, CNMs, and CNS were negligible (.03%) during this time frame, and these APRNs adhered to safe quality practice in serving their patients without practice agreements.</p> <p>Finally, physicians are charging NPs and CNMs for practice agreements, \$1000-\$3000 per month!!!!!!</p> <p>https://www.ftc.gov/</p> <p>https://llr.sc.gov/nurse/</p>

<p>(F)(1) Authorized prescriptions or institutional facility orders by a nurse practitioner, certified nurse-midwife, or clinical nurse specialist with prescriptive authority:</p> <p>(a) must comply with all applicable state and federal laws and executive orders;</p> <p>(b) is limited to drugs, <u>therapies</u>, and devices utilized to treat medical problems within the specialty field of the nurse practitioner, <u>certified nurse midwife</u>, or clinical nurse specialist as prescribed in the practice agreement;</p> <p>(c) may include Schedules III through V controlled substances if listed in the practice agreement and as authorized by Section 44-53-300;</p> <p>(d) may include Schedule II nonnarcotic substances if listed in the practice agreement and as authorized by Section 44-53-300, provided, however, that each such prescription must not exceed a thirty-day supply;</p> <p>(e) may include Schedule II narcotic substances if listed in the practice agreement and as authorized by Section 44-53-300, provided, however, that the prescription must not exceed a five-day supply and another prescription must not be written without the written agreement of the physician with whom the nurse practitioner, certified nurse midwife, or clinical nurse specialist has entered into a practice agreement, unless the prescription is written for patients in hospice or palliative care or for patients residing in long-term care facilities unless the patient is post operative or a patient of a chronic pain practice;</p> <p>(f) may include Schedule II narcotic substances for patients in hospice or palliative care, or for patients in long-term care facilities, if listed in the practice agreement as authorized by Section 44-53-300, provided, however, that each such prescription must not exceed a thirty-day supply;</p> <p><u>(g) may include ordering Schedules II-V narcotic substances in acute care facilities or licensed birthing centers;</u></p> <p><u>(h) a CNM may dispense, prescribe, and administer Schedule II controlled substances in licensed birth centers;</u></p>	<p>No changes in prescribing controlled and non-controlled substances. Added language to include ordering therapies (for example: respiratory treatments (cystic fibrosis treatments), physical therapy, occupational therapy, counseling for abuse or molestation).</p> <p>NPs, CNS, and CNMs have been granted the authority to prescribe controlled substances in all 50 states and the District of Columbia. Osborne, K. Journal of Midwifery & Women’s Health, 2017. 62(3). doi:10.1111/jmwh.12615</p> <p>Certified Nurse-Midwives need full prescribing authority, including schedule II substances, to order and administer to patients in the acute care inpatient and community birth settings for the management of labor, postpartum, and gynecologic pain.</p> <p>Need to clarify that CNMs can order controlled substances in acute care and birthing centers for labor, postpartum, and gynecological care.</p> <p>Need to add that APRNs can prescribe a 30 day supply of narcotic substances for patients in chronic pain or post-operative care.</p> <p>Need to add back in that APRNs can prescribe schedule 2-5 narcotics for 30 days for patients in hospice and palliative or for patients in long term care facilities. This language CURRENTLY exists in the Nurse Practice Act.</p> <p>Deleted language to require that hard copy prescriptions need to include the name of the physician. Some pharmacies in the upstate SC have taken it one step further and refused to fill ERX prescriptions unless the physician’s name is on the ERX, which is NOT required by state law. Moreover, some software EMRs don’t have the capability to list 2 providers on ERXs, thus, impeding access to care for patients when prescriptions are NOT filled in a timely manner.</p>
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(i) a CNM may order, administer, and monitor effects of Schedule II-V substances in the care of the inpatient persons in labor, postpartum, and gynecological care in accordance with federal state laws and institutional policies;

~~(g)(i)~~ must be signed or electronically submitted by the NP, CNM, or CNS with the prescriber's identification number assigned by the board and all prescribing numbers required by law. Written prescription forms must include the name, address, and phone number of the NP, CNM, or CNS ~~and physician~~. Electronic prescription forms must include the name, address, and phone number of the NP, CNM, or CNS ~~and, if possible, the physician through the electronic system~~. All prescriptions must comply with the provisions of Section ~~39-24-40~~. A prescription must designate a specific number of refills and may not include a nonspecific refill indication; and

~~(h)(k)~~ must be documented in the patient record of the practice and must be available for review and audit purposes.

(2) An NP, CNM, or CNS who holds prescriptive authority may request, receive, and sign for professional samples, including controlled substances, and may distribute professional samples to patients ~~as listed in the practice agreement~~, subject to federal and state regulations.

(G) Prescriptive authorization may be terminated by the board if an NP, CNM, or CNS with prescriptive authority has:

(1) not maintained certification in the specialty field;

(2) failed to meet the education requirements for pharmacotherapeutics;

~~(3) prescribed outside the scope of the practice agreement;~~

(4) violated a provision of Section **40-33-110**; or

(5) violated any state or federal law or regulations applicable to prescriptions.

WHY DO WE NEED TO CHANGE THE NURSE PRACTICE ACT for FULL PRACTICE AUTHORITY?

1. **Decrease in the number of payments made by physician for malpractice.**
 - McMichael, B., Safriet, B., Buerhaus, P. (2017). The extra-regulatory effect of nurse practitioner scope-of-practice laws on physician malpractice rates. *Medical Care Research and Review*. <https://doi.org/10.1177/1077558716686889>
2. **Lower rate of increase in ED use in states with expanded authority following the Affordable Care Acts' Medicaid expansion.**
 - McMichael, B., Spetz, J., Buerhaus, P. The association of nurse practitioner scope of practice laws with emergency department use: Evidence from Medicaid expansion. *Medical Care*. 57(5):362-368, May 2019
3. **Decrease cesarian rates with full practice authority for CNMs**
 - McMichael, Benjamin (2020) "Healthcare Licensing and Liability," *Indiana Law Journal*: Vol. 95 : Iss. 3 , Article 5.
 - **Sonenberg, A. JAMA Health Forum. 2023;4(1):e225541. doi:10.1001/jamahealthforum.2022.5541**
4. **Increased access to care for rural and vulnerable populations, including dual eligibles, with full practice authority for NPs.**
 - Xu, W., Retchin, S., Buerhaus, P. Dual-eligible beneficiaries and inadequate access to primary care providers. *American Journal of Managed Care*. 2021;27(5)
 - DesRoches, CM, Clarke, S., Perloff, J., O'Reilly-Jacob, M, Buerhaus P. (2017). The quality of primary care provided by nurse practitioners to vulnerable Medicare beneficiaries. *Nursing Outlook* (2017), doi:10.1016/j.outlook.2017.06.007.
 - DesRoches, C, Gaudet, J, Perloff, J, Donelan, K., Iezzoni, L. Buerhaus, P. (2013). Using Medicare Data to Assess Nurse Practitioner Provided Care. *Nursing Outlook*. 61(6):400-407.
 - <https://www.scahec.net/scohw/reports>
5. **Increased access to care for rural and vulnerable populations, including dual eligibles, with full practice authority for NPs.**
 - Barnes, H, Richards, M, McHugh, M., & Martsof, G. Rural and Nonrural Primary Care Physician Practices Increasingly Rely on Nurse Practitioners, *Health Affairs* 37, no. 6 (June 2018): 908–14, <https://www.ncbi.nlm.nih.gov/pubmed/29863933>.
 - Ying, X, Smith, J, & Spetz, J. Primary Care Nurse Practitioners and Physicians in Low-Income and Rural Areas, 2010-2016. *The Journal of the American Medical Association* January 1/8, 2019 Volume 321, Number 1, pp 102-105
 - Xu, W., Retchin, S., Buerhaus, P. (2001). Dual-eligible beneficiaries and inadequate access to primary care providers. *American Journal of Managed Care*. 2021;27(5)
 - DesRoches, CM, Clarke, S., Perloff, J., O'Reilly-Jacob, M, Buerhaus P. (2017). The quality of primary care provided by nurse practitioners to vulnerable Medicare beneficiaries. *Nursing Outlook* (2017), doi:10.1016/j.outlook.2017.06.007.
 - DesRoches, C, Gaudet, J, Perloff, J, Donelan, K., Iezzoni, L. Buerhaus, P. (2013). Using Medicare Data to Assess Nurse Practitioner Provided Care. *Nursing Outlook*. 61(6):400-407.
6. **Lower costs by NPs who lowered use of services, less expensive services (controlling for severity).**
 - Razavi, M., O'Reilly-Jacob, M., Perloff, J., Buerhaus, P. 2020. Drivers of cost differences between nurse practitioner and physician-attributed Medicare beneficiaries. *Medical Care* Feb 2021 59(2):177-184.
7. **Improvement in mental health, mental health related mortality, including suicide.**
 - Alexander, D. & Schnell, M. Just what the nurse practitioner ordered: Independent prescriptive authority and population mental health. Revised January 9, 2019. WP2017-08 Federal Reserve Bank of Chicago.
8. **ZIP CODE 29203 has a 20 times higher than the US rate of amputee in the NATION! *The State*, March 2022.**

COVID and SCOPE OF PRACTICE?

Due to the COVID-19 pandemic, APRNs were granted the ability to practice at the top of their license with the use of federal and state Public Health Emergency (PHE) waivers. APRNs were and continue to be essential in providing quality patient care during a time of great demand. Governor McMaster declared the same Public Health Emergency in SC, suspending all scope of practice barriers, including practice agreements.

APRNs have practiced safely and competently during this state of emergency with the use of waivers and flexibilities from the Centers for Medicare and Medicaid Services. Telehealth is an important example of how APRNs communicated and provided care during the pandemic utilizing technology to diagnose and treat patients, including prescribing medication to patients. Telehealth is still widely used for vulnerable individuals and to bridge the gap in mental health services.

Reports from the National Provider Data Bank (NPDB) indicate that APRNs have very low rates of action taken against them. For years 1990 through 2022, the total number of “Unique Providers” in South Carolina with medical malpractice payments and/or certain adverse actions made against them was 9587. Looking at provider type, specifically physicians and APRNs for this time-period, the number of actions taken is as follows:

- Physicians (MD): 2872
- APRNs: 131
- Physicians (DO): 117

For years 2020 – 2022 during the pandemic:

- Physicians (MD): 394
- APRNs: 39
- Physicians (DO): 19

Removing unnecessary barriers to practice is consistent and well documented by organizations such as the Institute of Medicine, National Academy of Medicine, the Brookings Institute, the Bipartisan Policy Center, the World Health Organization, and the Federal Trade Commission.

Removing physician “supervision,” collaborative agreement, and granting admitting privileges for APRNs is needed for both timely access and continuum of care. For critical access hospitals, rural health clinics, federally qualified health centers, removing constraints provide workforce flexibility in rural and underserved communities where provider shortages have increased the most in recent years. Additionally, a lack of physicians has made finding a collaborating provider increasingly more difficult. Regulations in place cap how many APRNs can be “supervised” or can hold a practice agreement with each physician. Additionally, some physicians require payment for collaborative services which can be cost prohibitive for the advanced practice nurse leading to nurse practitioners and certified nurse midwives leaving their practices or moving out of the state.

Lower health care costs and focusing on preventative care rather than “just in time” care is the goal of removing limitations on APRN practice. Dr. Ruth Kleinpell noted that a study conducted by UnitedHealth indicated that if APRNs were able to work to the full scope of their education and certification, that there would be a 70% reduction in the primary care shortage (Kleinpell, 2022).

Kleinpell, R., Likes, W., Schorn, M. N., (2022). Breaking down institutional barriers to advanced practice registered nurse practice. *Nursing Administration Quarterly* 46(2). 137-143.

Definitions of MSPA and HPSA: HRSA

Medically Underserved Areas/Populations are areas or populations designated by HRSA as having too few primary care providers, high infant mortality, high poverty or a high elderly population.

Health Professional Shortage Areas (HPSAs) are designated by HRSA as having shortages of primary medical care, dental or mental health providers and may be geographic (a county or service area), population (e.g. low income or Medicaid eligible) or facilities (e.g. federally qualified health center or other state or federal prisons).

<https://datawarehouse.hrsa.gov/tools/analyzers/muafind.aspx>